

News from the Fishbon Library

September/October 2019

Updates for UCSF clinical nursing staff on library classes and services, tips on research for nursing practice and resources for patients & families

CINAHL Video Tutorials

If you would like to brush up on your CINAHL searching skills, try reviewing one of their online tutorials. Videos include basic searching, using subject headings, continuing education modules and more:

https://connect.ebsco.com/s/topic/OTO1H000000HHf5WAG/cinahl?language=en_US

Running a Nursing Journal Club

Journal clubs have a long history as a teaching tool in the medical profession but are still fairly new to nursing. Journal clubs are a good way to learn how to review and appraise current literature and incorporate evidence-based practices into patient care. View some articles from PubMed on nursing journal clubs at the link below:

<https://www.ncbi.nlm.nih.gov/sites/myncbi/1Fozg9WQE3/collections/54485239/public/>

Learn more about appraising the literature by taking the Library's class "**Finding Evidence, Part 2: How to evaluate the literature.**" Our next session is September 26. Register on [INEx Connect](#).

Spotlight on Resources: Natural Medicines

The Natural Medicines database is a good resource for information on dietary supplements, herbs, alternative therapies and integrative medicine. Product monographs include an evidence-based rating scale assessing the safety and effectiveness of natural medicine ingredients. An extensive list of health and wellness topics include Ayurveda, Hypnotherapy, Therapeutic Touch, and diet programs such as Atkins, and Weight Watchers.

Access Natural Medicines: <https://ucsf.idm.oclc.org/login?url=http://uclibs.org/PID/36737>

For assistance, email fishbon@ucsf.edu or contact a librarian:



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